

NON-FOOD CELEBRATION IDEAS



CHOOSE A PRIZE

Pencils or erasers
Stickers
Books
Enter a drawing or raffle for a bigger prize
Earn tokens or points toward a prize



GET MOVING

Lead a special physical activity break
Host a special event such as a dance or kite-flying party
Provide extra recess or PE time
Turn on the music and let students dance for a few minutes
Have a themed parade around your school



SHAKE UP YOUR ROUTINE

Let student choose a special activity or be a teacher's helper
Allow student to select a special book or invite a guest to read aloud
Go on a scavenger hunt
Host a special dress day where students can wear hats or pajamas



SHOW RECOGNITION

Give a certificate or ribbon
Post a sign in the classroom or on a prominent bulletin board
Give a shout-out in the morning announcements
For birthdays, allow child to wear a crown or special sash

HEALTHY SNACK & BEVERAGES IDEAS*

*Use the [Alliance's Smart Snacks Product Calculator](#) to ensure items meet the USDA Smart Snacks in School nutrition standards. Ensure food allergies of any participants are known before serving any food item.



BEVERAGES

Water
100% fruit juice with no added sugar
Fat-free or low fat milk
Fruit smoothies (made with frozen fruit with no added sugar and fat-free or low fat yogurt)
100% fruit juice slushes with no added sugar
Silly Water—add fruit and herbs to plain water for fruit-infused blend



FRUITS & VEGGIES

Fresh fruit—trays, salads or kabobs
Fresh vegetables—trays, salads or kabobs
Canned fruit or fruit cups (in water, 100% fruit juice or light syrup)
Frozen fruit or fruit cups (in water, 100% fruit juice or light syrup)
Frosty fruits—freeze your own fruit (frozen grapes make a great summer treat!)
Dried fruit with no added sugar



WHOLE GRAINS

Whole grain crackers, pretzels or cereal bars
Small whole grain bagels or waffles or pancakes topped with fruit or nut or seed butter
Low-fat or air-popped popcorn (no added butter or salt)
Graham crackers
Baked whole grain tortilla chips with salsa or bean dip



PROTEINS

Fat-free or low fat yogurt (serve alone or as dip for fruits or veggies)
Nut or seed butter (serve with fruit or whole grain crackers)
Nuts or seeds
Trail mix made of nuts or seeds and dried fruit with no added sugar
Low-fat cheese (serve with fruit or whole grain crackers)
Hummus (serve with vegetables or whole grain crackers)