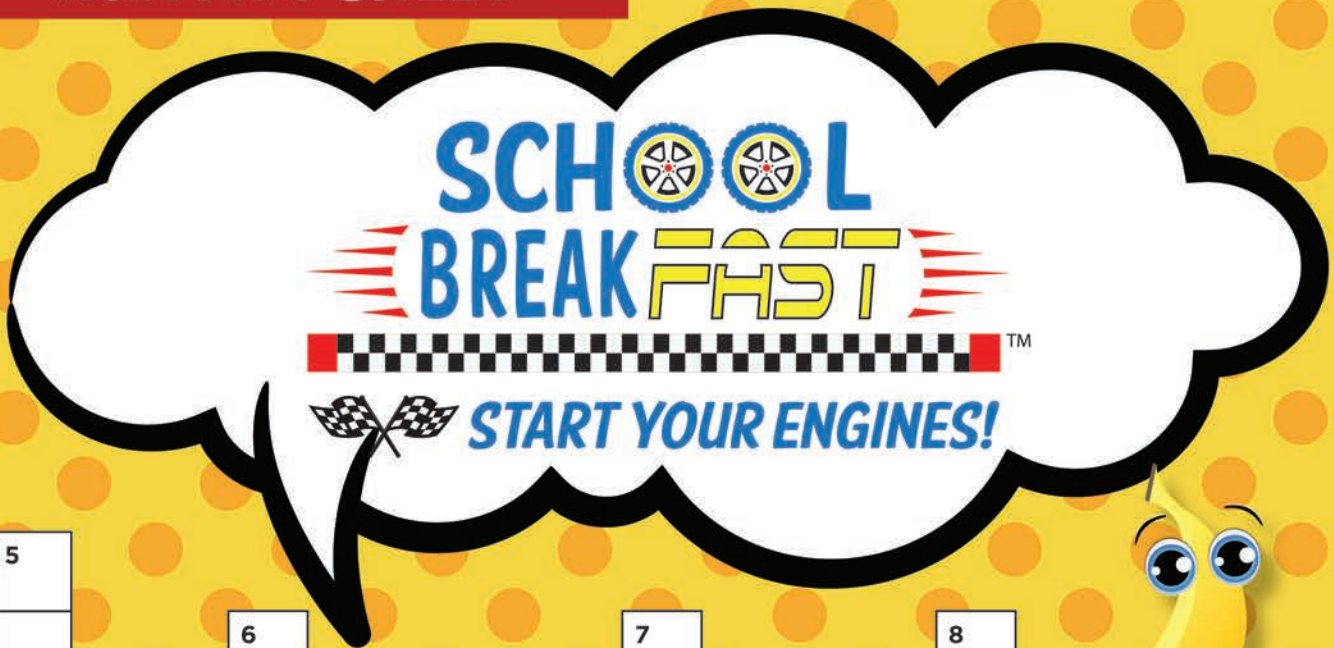


ACTIVITY SHEET

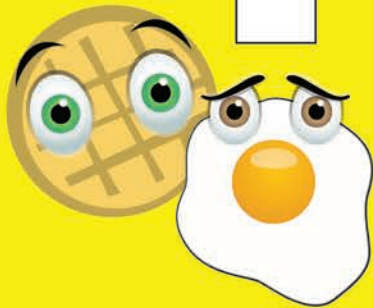


ACROSS

- 1 A reason to eat school breakfast
- 2 A yellow fruit that you can peel
- 3 This little red fruit goes great in smoothies
- 4 Goes together with milk

DOWN

- 5 Some might eat them with chicken
- 6 Goes together with cereal
- 7 A round blue fruit sometimes called a superfood
- 8 A chicken lays one
- 9 A breakfast that's blended and comes in a cup



Feeding Bodies. Fueling Minds.®

Answers: (1) fuel up your engines (2) bananas (3) strawberries (4) cereal (5) waffles (6) milk (7) blueberries (8) egg (9) smoothie

ACTIVITY SHEET

NSBW 2019 WORD SCRAMBLE

UNSCRAMBLE THE WORDS TO FIND THE ANSWER USING THE HINTS BELOW.



1. I N E N E G

Hint: What gives the power to drive a car?

2. O H C O S L

Hint: A great place to eat breakfast

3. I U T F R

Hint: Different kinds can go in a smoothie

4. L E F U

Hint: What an engine needs to run

5. F T A S K A R E B

Hint: The first meal of your day

6. T R E C K R A A

Hint: A place where cars race

7. L A G F

Hint: Waved at the start and end of a race



Feeding Bodies. Fueling Minds.®

Answers: (1) ENGINE (2) SCHOOL (3) FRUIT (4) FUEL (5) BREAKFAST (6) RACETRACK (7) FLAG

ACTIVITY SHEET



BREAKFAST WORD SEARCH

Find 13 words hidden in the puzzle by reading up, down, across, diagonally, and backwards. Circle each word as you find it!

START YOUR ENGINES!

B	P	S	N	I	A	R	G	T	E
A	W	A	F	F	L	E	R	I	N
N	C	E	R	E	R	A	L	U	E
A	Q	C	R	I	T	J	Z	R	R
N	H	T	A	S	T	E	F	F	G
A	P	M	D	F	N	O	U	B	Y
S	M	O	O	T	H	I	E	S	E
K	O	G	T	L	M	I	L	K	A
G	U	P	U	R	E	W	O	P	R
Q	L	O	O	H	C	S	U	B	C

Look for the following words:

- grains
- smoothie
- fruit
- bananas
- fuel
- good start
- school
- milk
- waffle
- energy
- cereal
- taste
- power up

FINISH LINE!

B	P	S	N	I	A	R	G	T	E
A	W	A	F	F	L	E	R	I	N
N	C	E	R	E	R	A	L	U	E
A	Q	C	R	I	T	J	Z	R	R
N	H	T	A	S	T	E	F	F	G
A	P	M	D	F	N	O	U	B	Y
S	M	O	O	T	H	I	E	S	E
K	O	G	T	L	M	I	L	K	A
G	U	P	U	R	E	W	O	P	R
Q	L	O	O	H	C	S	U	B	C



Feeding Bodies. Fueling Minds.®