ACTIVITY SHEET

SCHOOL BREAKFAST™

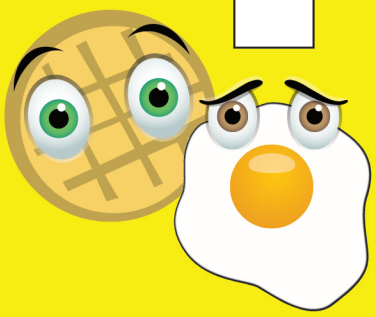
START YOUR ENGINES!

ACROSS

1. A reason to eat school breakfast
2. A yellow fruit that you can peel
3. This little red fruit goes great in smoothies
4. Goes together with milk

DOWN

5. Some might eat them with chicken
6. Goes together with cereal
7. A round blue fruit sometimes called a superfood
8. A chicken lays one
9. A breakfast that's blended and comes in a cup



SCHOOL NUTRITION ASSOCIATION

Feeding Bodies. Fueling Minds.®

Answers: (1) fuel up your engines (2) bananas (3) strawberries (4) cereal (5) waffles (6) milk (7) blueberries (8) egg (9) smoothie

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NSBW 2019 WORD SCRAMBLE

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UNSCRAMBLE THE WORDS TO FIND THE ANSWER USING THE HINTS BELOW.

1. I N E N E G

Hint: What gives the power to drive a car?

___ ___ ___ ___ ___ ___

2. O H C O S L

Hint: A great place to eat breakfast

___ ___ ___ ___ ___ ___

3. I U T F R

Hint: Different kinds can go in a smoothie

___ ___ ___ ___ ___

4. L E F U

Hint: What an engine needs to run

___ ___ ___ ___

5. F T A S K A R E B

Hint: The first meal of your day

___ ___ ___ ___ ___ ___ ___ ___ ___

6. T R E C K R A A

Hint: A place where cars race

___ ___ ___ ___ ___ ___ ___ ___

7. L A G F

Hint: Waved at the start and end of a race

Answers: (1) ENGINE (2) SCHOOL (3) FRUIT (4) FUEL (5) BREAKFAST (6) RACETRACK (7) FLAG

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BREAKFAST WORD SEARCH

Find 13 words hidden in the puzzle by reading up, down, across, diagonally, and backwards. Circle each word as you find it!

B	P	S	N	I	A	R	G	T	E
A	W	A	F	F	L	E	R	I	N
N	C	E	R	E	R	A	L	U	E
A	Q	C	R	I	T	J	Z	R	R
N	H	T	A	S	T	E	F	F	G
A	P	M	D	F	N	O	U	B	Y
S	M	O	O	T	H	I	E	S	E
K	O	G	T	L	M	I	L	K	A
G	U	P	U	R	E	W	O	P	R
Q	L	O	O	H	C	S	U	B	C

Look for the following words:

grains
smoothie
fruit
bananas
fuel
good start
school
milk
waffle
energy
cereral
taste
power up

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